

Safe and Healthy Beginnings First Newborn Visit Checklist

This tool can be used to

1. Inventory your current first newborn visit.
2. Ensure that all needed care is performed at each visit.
3. Teach students and residents.

Transition to Medical Home

- Newborn birth information received from discharging hospital and reviewed

General Health

- Physical examination performed
- Hearing screen result documented
- Metabolic screen performed prior to hospital discharge
- Assessment of risk factors for developmental dysplasia of the hip (DDH) (ie, female, breech, family history of DDH)
 - DDH follow-up, if indicated
- Hepatitis B vaccine #1 given
 - Previously given before discharge
 - Given today
 - Family deferred

Hyperbilirubinemia Assessment

- Jaundice assessment performed
 - Risk factor assessment reviewed
 - Discharge bilirubin reviewed

Jaundice: Present Not present

Follow-up: None indicated Check laboratory results

Phototherapy Follow-up visit

Breastfeeding Assessment

- Use of standardized assessment
- Assessment of maternal concerns and confidence
- Adequacy of intake and voids and stools reviewed
- Vitamin D oral drops, 400 IU/day, prescribed (as part of multivitamin)

Health and Safety Counseling

- Car seat use
- Back to sleep
- Environmental tobacco smoke
- Safe handling—never shaking
- Fever and symptoms of illness
- Cord, skin, and nail care
- Feeding
- Injury prevention
- Circumcision—risks/benefits
- Pacifier during sleep (to prevent SIDS)

Psychosocial Assessment and Referral

- History of maternal or postpartum depression Referral
- Substance abuse Referral
- Domestic violence Referral



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